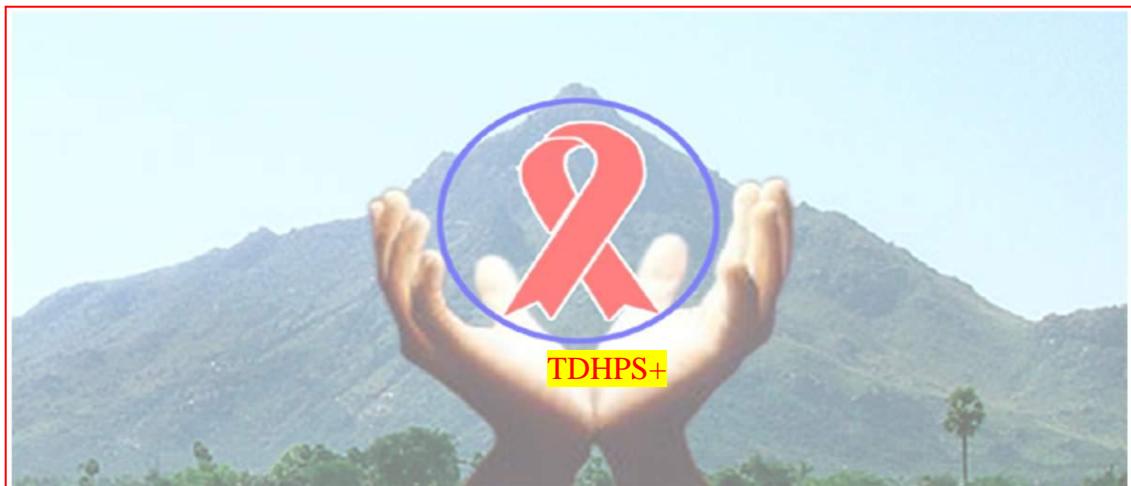


TDHPS+

# **Tiruvannamalai District HIV Positive society**

**Tiruvannamalai**



**Annual Report  
2015-2016**

**Tiruvannamalai District HIV Positive Society  
No.6/29A pudhu street, 11<sup>th</sup> street  
Polur Road  
Tiruvannamalai -606 601**



## **ORGANIZATIONAL PROFILE**

Name of Organization: Tiruvannamalai District HIV Positive Society  
Office Address 6/29A Pudhu street, 11th street, Polur Road  
Tiruvannamalai – 606 601  
Phone : 04175 – 222337  
E-mail [tdhpsplus@gmail.com](mailto:tdhpsplus@gmail.com)

### **Board Members of TDHPS+, Tiruvannamalai :**

SN.	Name and Contact details	Designation
1	Mr. Alexander A	President
2	Mrs. Chandra S	Vice President
3	Mr. Ramasamy S	Secretary
4	Mrs. Gandhi A	Treasurer
5	Mrs. Vitobai E	Executive Member
6	Mrs. Lalitha M	Executive Member
7	Mr. Thomas G	Executive Member

### **Society Registration Details.**

**Date of Registration:** Jan 2008  
**Registration Number:** 2/2008  
**Registered at :** Tiruvannamalai  
**Legal status :** Society  
**Contact Person :** Mr. Alexander A  
President – TDHPS+

## **BACKGROUND of the DLN**

Tiruvannamalai District HIV Positive Society is an organisation exclusive for People Living with HIV/AIDS started from Jan 2008. It aims in providing quality life for the people in Tiruvannamalai District focussing on various aspects like Physical, Mental, Social, Economy, Ecology and Empowerment of women.

**The objectives of the organisation are as follows:**

- ◆ Identify the PLWHA's.
- ◆ It aims in providing quality life for the PLWHA's.
- ◆ Provide accurate and proper information on STD/HIV/AIDS.
- ◆ Reduce the Stigma and discrimination.
- ◆ Advocate among the key players in preventing the Infection.
- ◆ To give Legal support for property and family problem
- ◆ Support Net Group formed

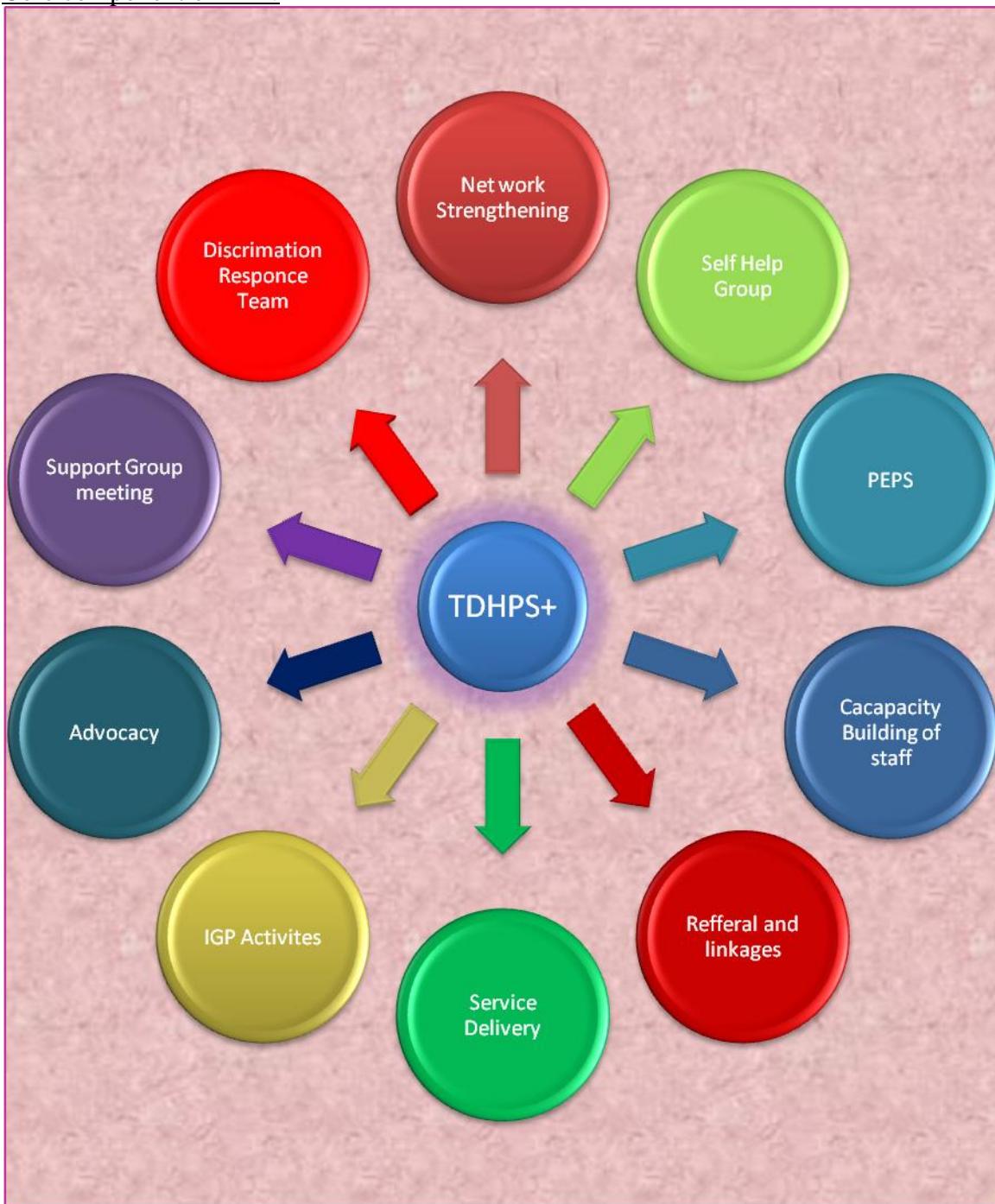
**Vision:-**

- ★ To give Self Confidence
- ★ Improving the Quality of life
- ★ Advocacy for PLHA's Problems

**Mission:**

- ♣ Sustainability for all PLHA's
- ♣ Home for PLHA's
- ♣ Own land and Building for Network
- ♣ Prevention for HIV
- ♣ Any one factory for run by PLHA's
- ♣ Increase the Positive Speaker Skill Development
- ♣ Try to get Government Scheme for PLHA's
- ♣ To give Vocational Training for PLHA's

## Core component of DLN



## **Empowerment, Care & Support:-**

- ★ We identifying the PLHA's around all Tiruvannamalai District.

### **★ Counseling**

- ❖ We do counseling for their family problem and their needs
- ❖ We do family counseling, group counseling, ect.
- ❖ Psycho Social Counseling
- ❖ Maternal Health & Early Infant Diagnosis Counseling
- ❖ Health & Hygiene Counseling
- ❖ Sexual & Reproductive Health Counseling
- ❖ Adolescent Counseling
- ❖ Counseling For Discordant Couple
- ❖ Safe Sex Education
- ❖ Family Planning
- ❖ Counseling on Disclosure
- ❖ Peer counseling
- ❖ Nutrition counseling
- ❖ ART adherence counseling
- ❖ OI counseling
- ❖ Positive prevention counseling
- ❖ Marriage counseling between PLHIVs
- ❖ Life Skill Education

### **★ PEPS counseling and referrals for their needs.**

- ◆ We do PEPS counseling for their needs and they are become self confidence.
- ◆ Psycho Social Counseling
- ◆ We do referral for children home for their studies for both infected and affected.
- ◆ We referrer to PLHA's for Nutrition support.

### **★ Motivate the People to take ART**

- ◆ People are not on ART we refer to test and CD4 and motivate to take ART most of people health is well for ART treatment.

**★ Home visit for PLHA's**

- ◆ We do home visit for PLHA's home for their permission and give treatment adherence for them

**★ HIV & TB Co-Infection**

- ◆ We motivate the people to attend the training for HIV & TB Co-infection. They learned more

**Network Strength:-**

**Ten Support Net Groups were formed in Tiruvannamalai district is as follows**

S.no	SNG Name	Name of Block	Code Number	Date of Formation	Bank Account
1	Velicham SNG	Chengam	330601	02.09.2010	Indian Bank
2	Vedivallai SNG	Tiruvannamalai	330602	06.09.2010	Corporation Bank
3	Vediyal SNG	Polur	330603	26.10.2010	Indian Oversiers Bank
4	Udiyam SNG	Thurijapuram	330604	19.11.2010	Corporation Bank
5	Annai Therasa SNG	Pudhupalayam	330605	22.02.2011	Union Bank
6	Pattu SHG	Arni	330606	10.07.2011	Candra bank
7	Sutaroli	Thandrampet	330607	12.09.2012	Indian Bank
8	Deepaoli	Tiruvannamalai	330608	08.03.2013	Corporation Bank
9	Olivelakku	Vettavalam	330609		Processing
10	Padikarukkal	Tiruvannamalai	330610		Processing

**Projects at DLN a Glance:**

Sl:No	Project	Objective	Project Period	Supported by
1	Vihaan Project	Improve the survival and quality of life of PLHIV"	April 2013 to December 2017	Alliance India

## **Background of Vihaan Project**

### **Brief introduction to Vihaan**

'Vihaan' which means 'Dawn's First Light' in Sanskrit works towards scaling up care and support services and improving access to treatment for PLHIV. *The overall goal of the Vihaan program is 'to improve the survival and quality of life of People Living with HIV'.*

Between April 2013 and March 2016, Vihaan will complement NACP IV plans to put in place a quality Care &Support system that will complement HIV prevention andtreatment programmes already in place.

**"The overall goal of Vihaan is to improve the survival and quality of life of PLHIV"**

India HIV AIDS Alliance, being the Principal Recipient (PR) of the grant from the Global Fund, will provide overall technical, programmatic and financial support to the Sub-recipient organizations (SR) at the regional/state level. The SR will then manage the programme in their respective states through Sub-Sub-Recipients (SSR) who will implement the programme at district level.

### **Vihaan objectives**

Specific objectives of the programme include:

- **Early linkages of PLHIV to Care, Support and Treatment services:** The CSC will support PLHIV who have newly tested positive to enrol into the ART programme.
- **Improved treatment adherence and education for PLHIV:**Adherence education and support can help the PLHIV sustain and manage their treatment regimes. It is essential that all three elements of successful treatment are supported: the client, the provider, and the process.
- **Expanded positive prevention activities:** Improved positive prevention will contribute to the national efforts to prevent HIV transmission and reduce overall burden of disease.
- **Improved social protection and wellbeing of PLHIV:** Social and economic well-being is an important component of care and support. The CSC will facilitate access to the existing social welfare and protection schemes under different line departments, Corporate Sector,

Public Sector Undertakings, Faith Based Organisations and civil society organization.

- **Strengthened community systems and reduced stigma and discrimination:** To ensure a robust system that supports the program goal and ensures stigma and discrimination free access to quality services, it is important that skills of the community members to advocate are strengthened. Establishing community systems like community advisory board (CAB) and discrimination response team (DRT) will bring in sustainable response.

## **1.2 Care and Support Centre (CSC)**

The idea of CSC was conceptualized to provide sustainable systems to address care & support needs of the PLHIV and to improve the access to treatment services. NACP IV envisages that comprehensive care and support, delivered earlier through CCC, DIC and DLN, should be provided to all PLHIVs under one unit called the “Care and Support Centre”(CSC) while all the clinical and medical component of CCC is mainstreamed and linked to existing health facilities in the area. CSC should be seen as focal point for care & support services, counselling, peer education, and should provide a comforting environment.CSC will be central to all the activities of Vihaan. The programme will *ensure access to care & support services through 350 Care and Support Centers (CSCs) across the country*. Over the life of the programme, these CSCs will be developed and linked to high-burden ART centres, in accordance with the NACP IV care and support strategy. In addition, there will be 6 Children CSC and 68 Help Desks.

Apart from being a facility -based service delivery point, the CSC will also address other care and support needs of the PLHIV through outreach and effective linkages. This will optimally cover the district and maximize reach to the PLHIVs in the district. The activities of the CSC will focus on: counselling and referral for early diagnosis, early linkages to CST, improvedART adherence, psychosocial support, positive prevention & positive living, linking PLHIVs to social welfare schemes, effective district level co-ordination, and continuum of care.

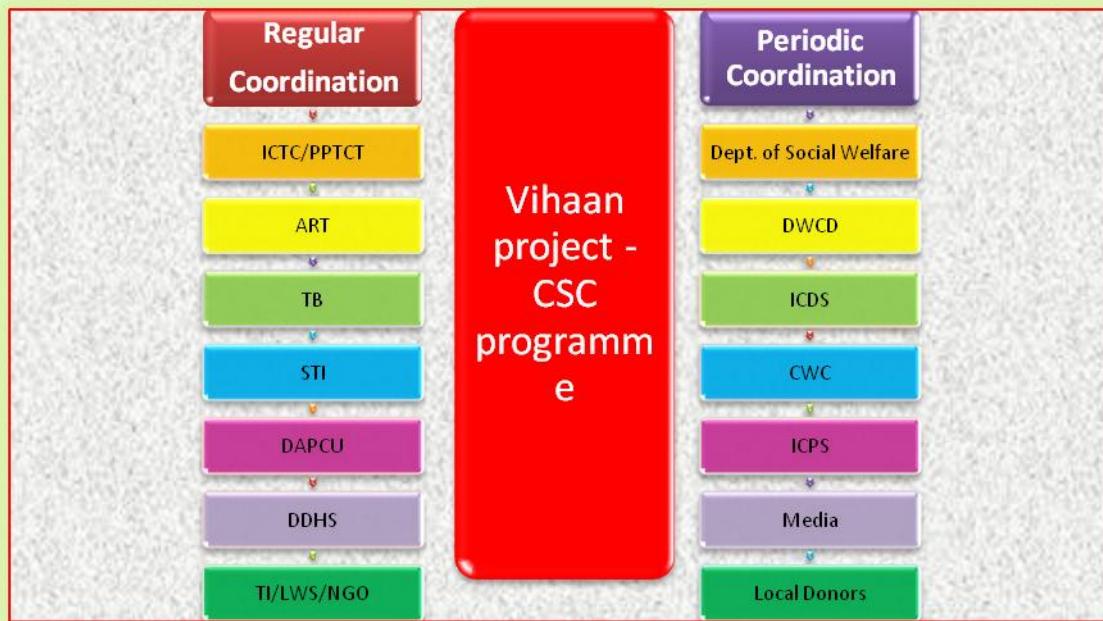
### **1.2.1 Key Characteristics of CSC**

Some of the key characteristics of CSC are as follows:

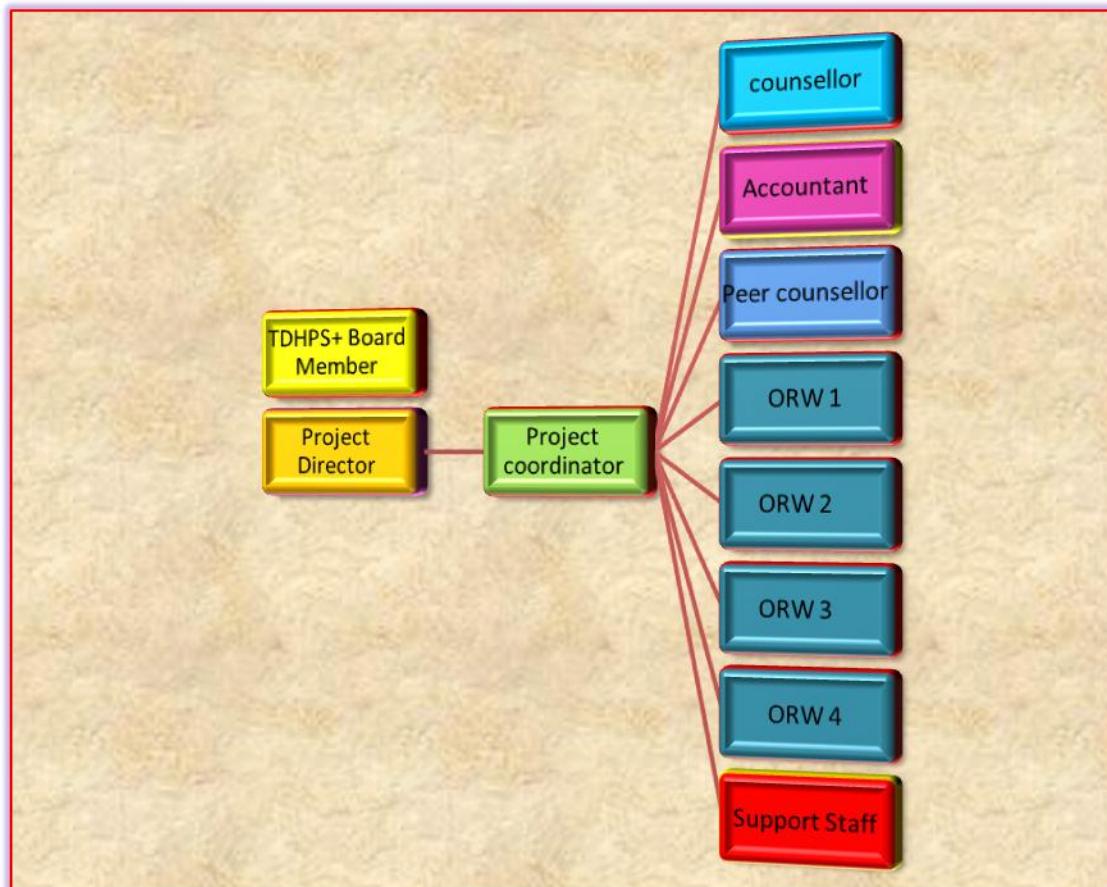
- 1 It is a friendly place where PLHIV and families:

- a. Receive information on care and support, access to a range of health referrals, linkages to social welfare schemes and entitlements and HIV prevention education and services.
  - b. Enjoy recreational facilities and entertainment program as seen in the DICs in previous phase.
- 2 The CSC is structured in a way that it delivers optimum services to the PLHIV and supports the NACP in achieving its goals
- 3 Care and Support Centre will be established in a central location in order to make it accessible to the PLHIV. It shall be close to major district/taluka level ART centers. There will be provision for sufficient space for registration, waiting, counseling, meetings, education and entertainment
- 4 CSC will address the special needs for children, women infected or affected by HIV and PLHIV from HRGs like TGs, MSM, IDUs or FSWs.
- 5 CSC will act as a vital link between the health care service delivery system and the community members. s.
- 6 Staff of CSC will be linked not only to the ART centers, but also to ICTCs and TIs that are functioning within the city/districts.

## NETWORKING AND LINKAGES



## SSR Tiruvannamalai CSC Team Organogram



### **Current HIV statistics at Tiruvannamalai**

- ❖ The Tiruvannamalai District consists of 24,68,965 in population
- ❖ 6,500 is the estimated PLHIV in the district of Tiruvannamalai
- ❖ 4,558 PLHIV have been registered in Tiruvannamalai ART center.
- ❖ 3,312 PLHIV are Adhering to ART.

### **Children enrolled in Tiruvannamalai CSC Total 164 Children**

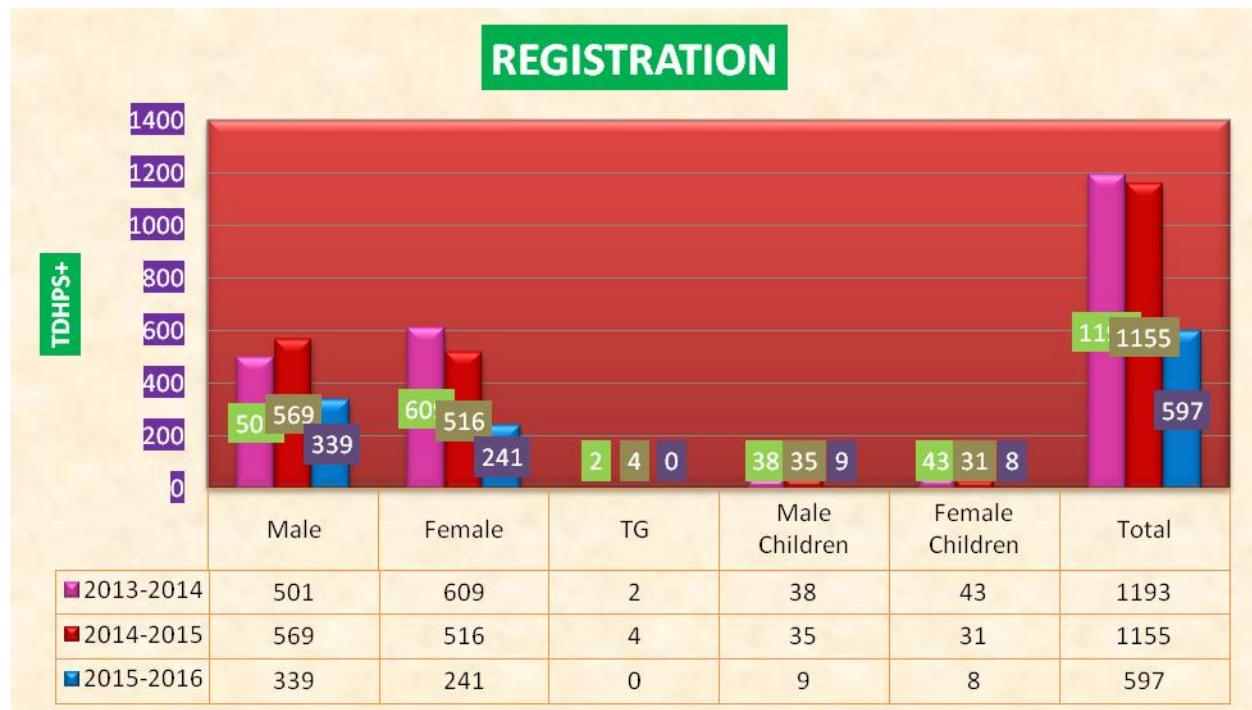
- ❖ On ART PLHIV children Enrollment our CSC Male 51, Female 35
- ❖ Pre ART PLHIV children Enrollment our CSC Male 31, Female 47
- ❖ HIV affected and Infected children in their family Male 315, female 386

### **Activities I – a – Number of new PLHA enrolled**

- ❖ To speak out openly we are the HIV positive we are living healthy so you don't worry about HIV We will be with you.
- ❖ To identified the client through field visit

Enrollment up to March 2016 A1	Enrollment in ART Centre (Alive on Client) A2	Percentage achieved =A1/A2
3005	2945	98%

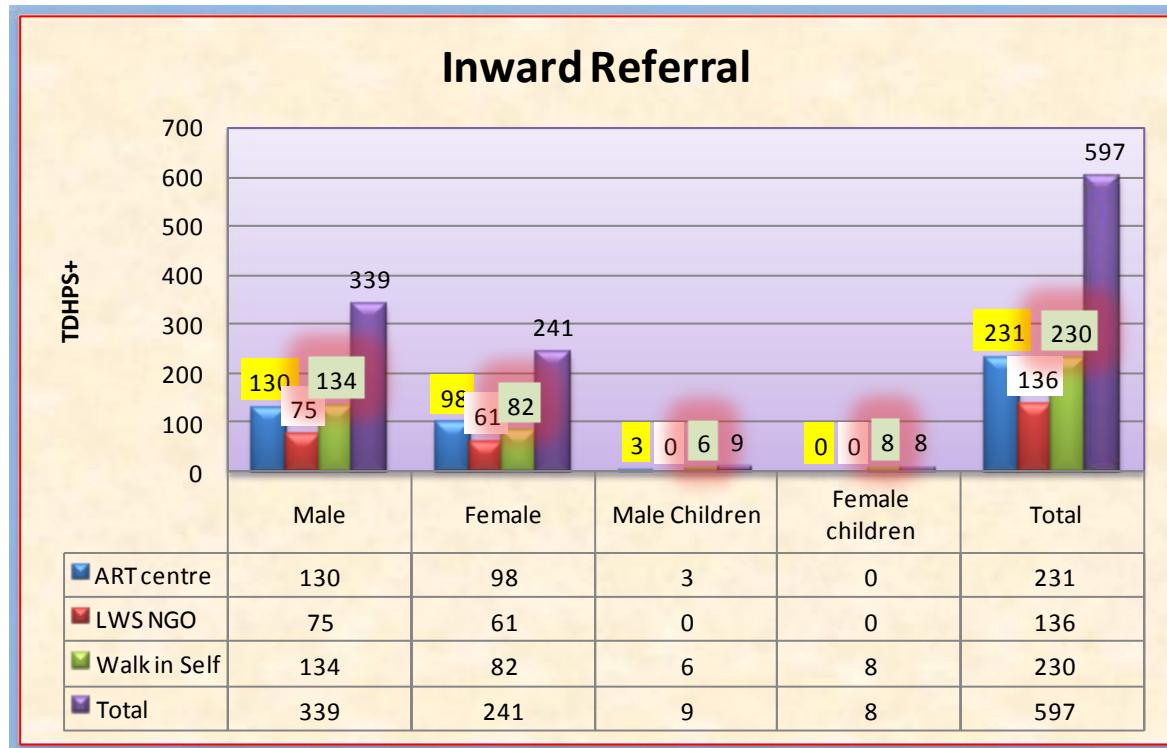
Enrollment 01.04.2015 To 31.03.2016 Total CSC Enrollment 2945



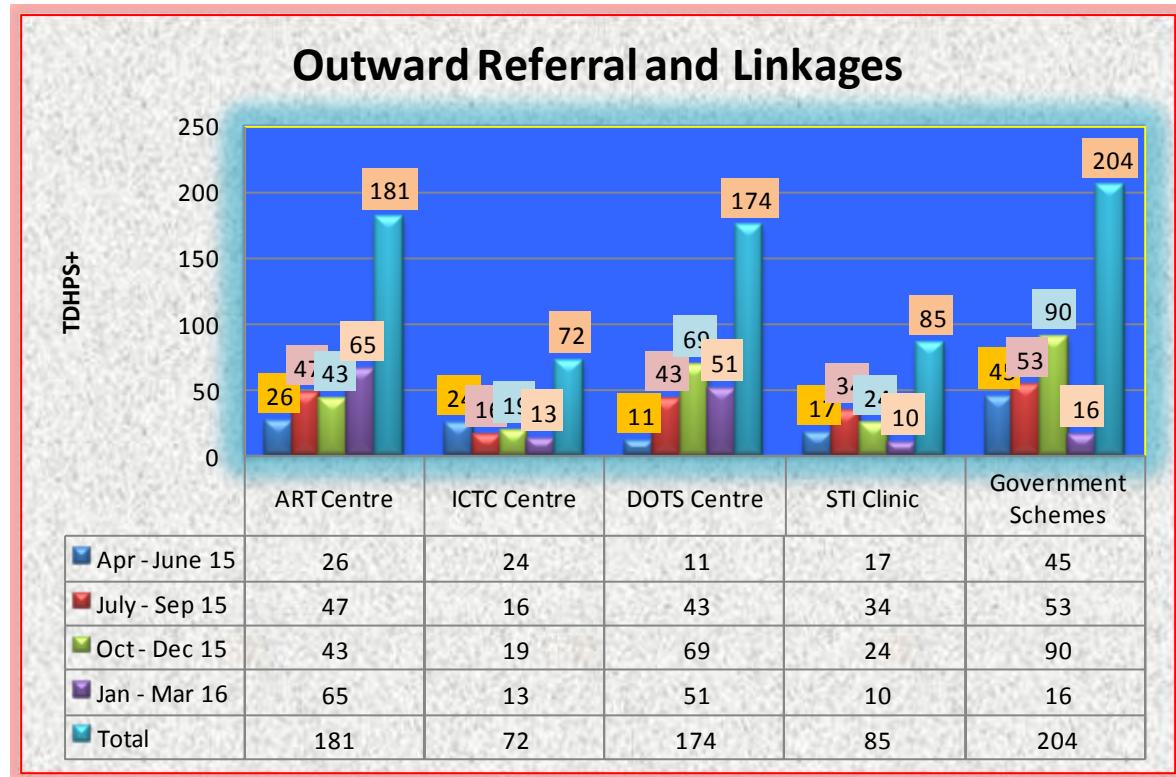
Enrollment 01.04.2013 To 31.03.2016 Total Enrollment 2945

Category	On ART	Pre ART
Male	940	469
Female	902	464
Male Children	51	31
Female Children	35	47
TG	2	4
Total	1930	1015

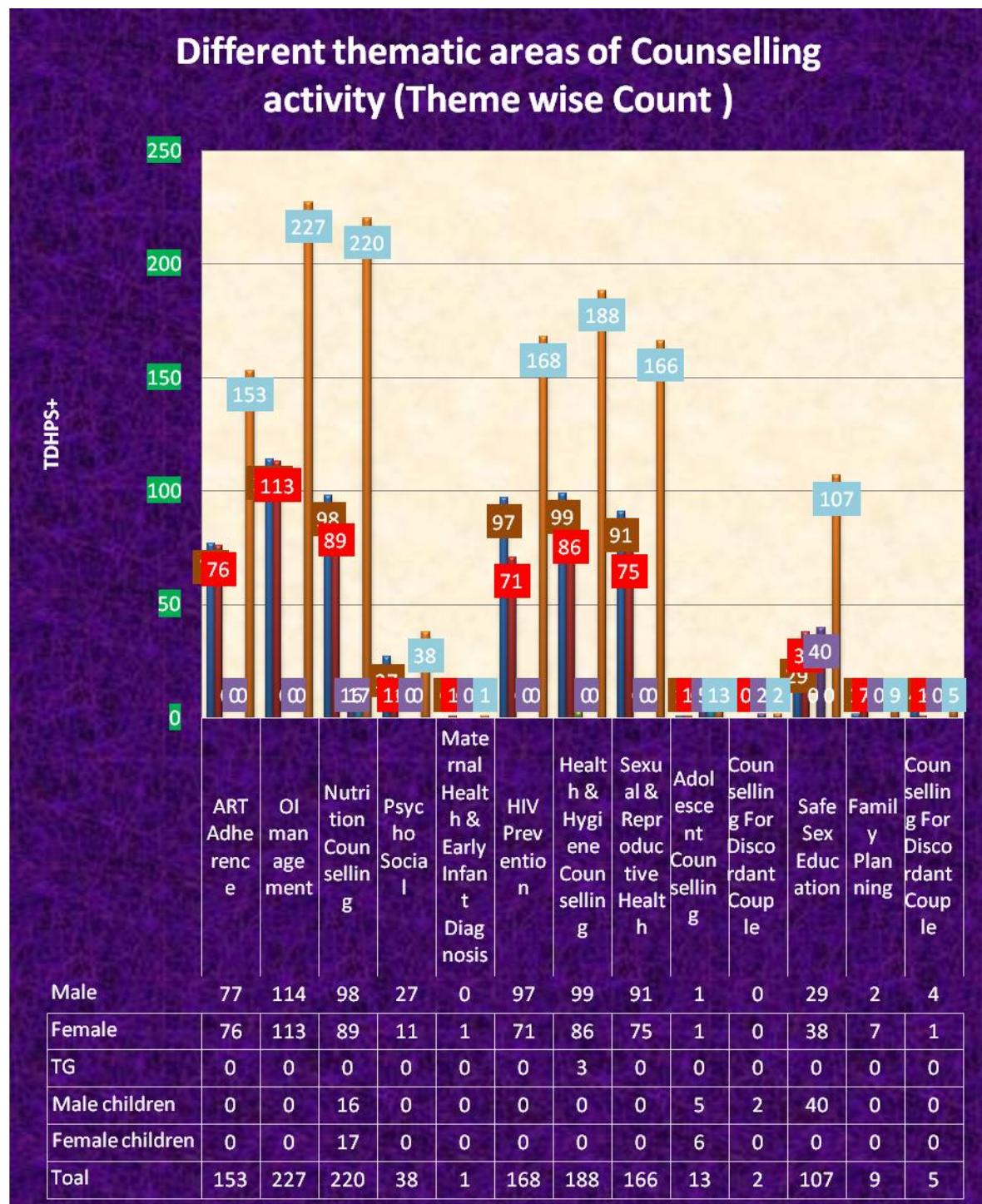
## I- D- Source of inward referral ( 01.04.2015 To 31.03.2016)



## I- E – services provided through -Outward referral (01.04.2015 to 31.03.2016)

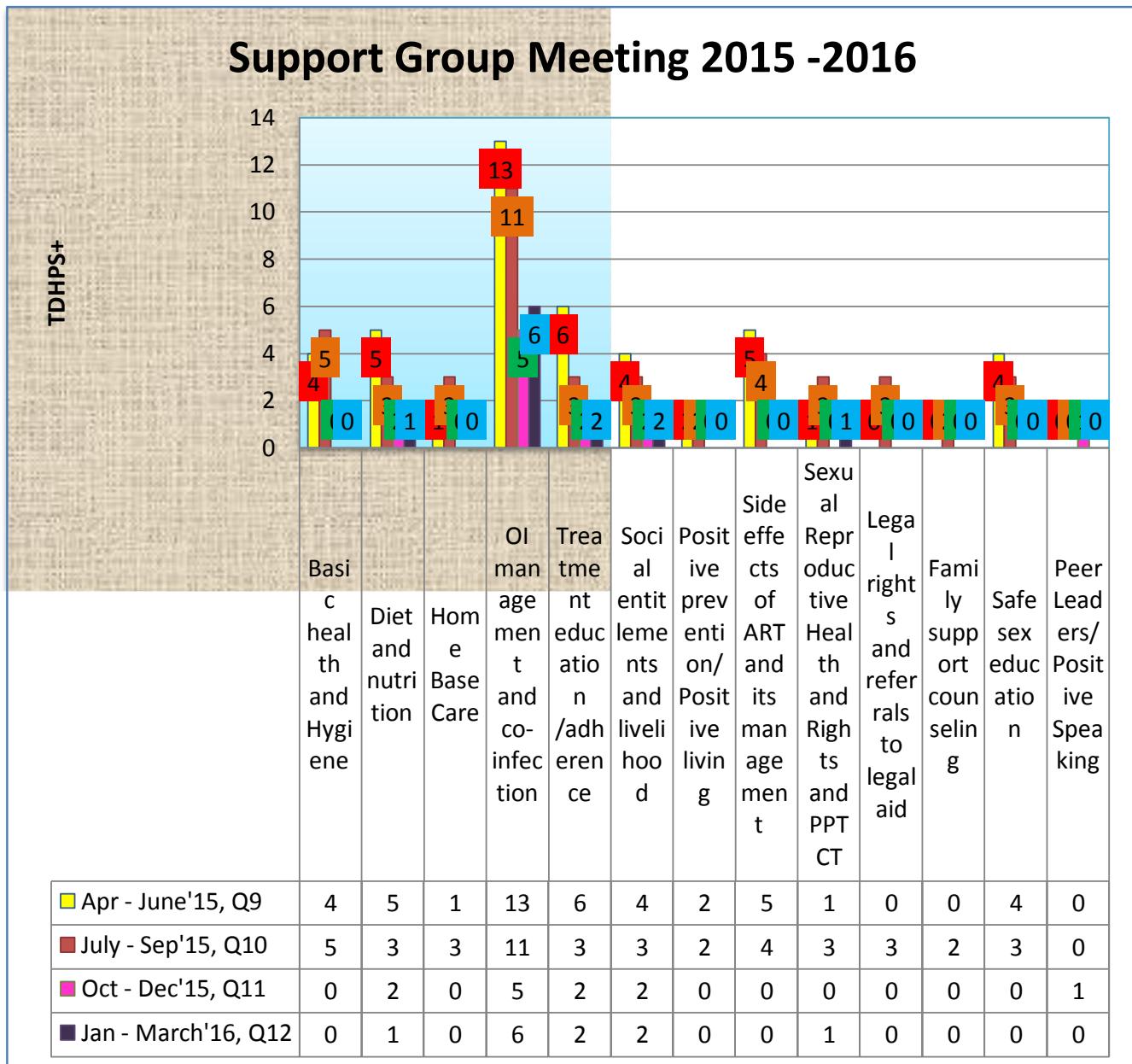


## Different thematic areas of Counselling activity (Theme wise Count )



## Clients attended Support group meeting in each Thematic areas

During this year we conducted 114 meeting for these support group Meeting



### Outcome of Support group meeting

- ◆ 27 Member linked TAHDCO Loan schemes
- ◆ 58 Members linked AAY Schemes
- ◆ 13 Members linked Widow pension and Old age pension schemes
- ◆ 50 Children's linked Nutrition schemes, 120 Members linked Nutrition sche

- ◆ 10 Member linked Pasumai veedu thittam
- ◆ 9 Member linked Old age pension schemes
- ◆ Client are Visit the TDHPS+ office regularly
- ◆ They are shared all problem's for PLHA's
- ◆ Knowledge update for .ART Adherence treatment and OI management
- ◆ Defaults clients were identified and now they are going for regular treatment.
- ◆ OI Clients were referred for the treatment by ORW/Peer counselor.
- ◆ Support group meeting attend participant said that “ They support group meeting we forget about our disease and we actively participating in the group meeting with joy, now a days we are going to regular treatment from ART also

### **Advocacy Meeting**

During this year Four Advocacy meetings were conducted. Two meetings were conducted Panjayet president and Block development officer, Health service persons Two Meeting were conducted Local Resource persons Through these meeting;

- ◆ Helping mind and good cooperation were raised among Panjayet president, Block development officer and Local business people
- ◆ Pasumai veedu thittam 10 members revived. AAY schemes 35Kgs rice received 183 Members and 13 person received old age pension schemes also person referring from TDHPS+
- ◆ 4 Person received Tailoring machine.
- ◆ stigma and decimation reduce and media people supported for CSC programme
- ◆ Rotary Club president asked I am Discuss with our team member's and surly Rs.500/ per children month wise paid
- ◆ 100 HIV Client eye testing need based eyeglass help to him and Nutrition support I will discussed to our team members after I will asked.

### **Cordination Meeting**

1. ART – CSC Coordination Meeting Every month at Tiruvannamalai ART center
2. DPACU Review meeting every month
3. HIV – TB coordination meeting every month at Tiruvannamalai TB center
4. NGO coordination meeting at Tiruvannamalai LWS and SAATHI programme

### **Discrimination Response System (DRT): meeting**

DRT team formed as on dated 05.11.2013

DRT team member's list as follows

Lion's Culp Vice Governor, Human Right commission Secretary DDHS, JDHS, DAPCU DPM, Ward Counsellor, local media reporter, HIV/AIDS field NGO's, Market association president, Rangammal Hospital GM, Legal AID Clinic Advocate, TB Hospital DTO, District Police Official (DSP), RDO, DIET principal, DEE, and ART medical officer.

- \* Vettavalm police station take necessary action and problem will be solved (She is will be started the building in the land)
- \* Two children were admitted in TDH children home.

### **World AIDS Day**

Programme date	:	19.12.2015
Venue	:	Poomalai Vaniga valagam - Tiruvannamalai
Chief guest	:	DPM, DS, HIV – TB DPPM, Legal AID Advocate, DD RMRH, Rotary club president and YWMA members
Programme	:	World AIDS Day and X- Mass Celebration .
Participant	:	80 CLHA's and 100 member's PLHA
Distribution	:	X-Mass festival Cloth and Nutrition distributed 100 Children's

### **World TB Day 2016**

Programme date	:	31.03.2016
Venue	:	TDHPS+ Office - Tiruvannamalai
Chief guest	:	YWAM Members and PLHA's
Programme	:	World TB Day 2016 .
Participant	:	100 member's PLHA and 50 Member's CLHA
Distribution	:	Nutrition distributed 100 Children's

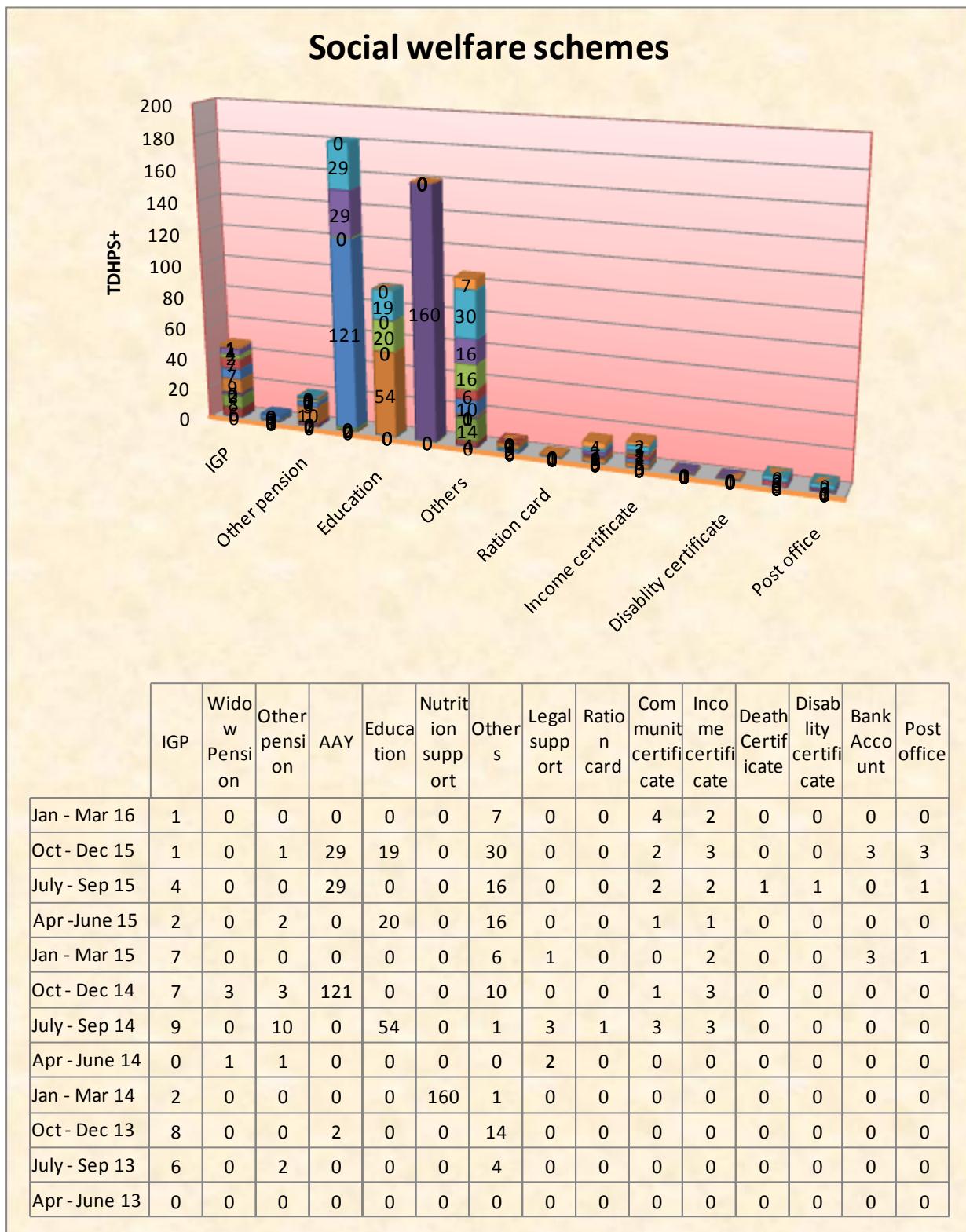
## **Children's Day 2015**

Programme date	:	14.11.2015
Venue	:	TDHPS+ Office - Tiruvannamalai
Chief guest	:	YWAM Members and PLHA's
Programme	:	Children's Day 2015 .
Participant	:	100 member's Children's and
Distribution	:	Nutrition distributed 100 Children's

## **Proposed Strategy for Popularizing CSC in the District**

- DAPCU Monthly review meeting time they are explain Vihaan project and CSC actives all ICTC counselor, TB Hospital STO, STLS, DPPM and Lab Tech.,
- Vihaan project and CSC actives explained the Link Workers scheme Project NGO and PPTCT programme NGO review meeting.
- Deepam festival time three days awareness both contacted that time IEC banner for Vihaan project and CSC actives displayed. General public see 1000 more than and 100 people were see awareness both explained the Vihaan project and CSC actives.
- DRT team member explained the Vihaan project and CSC actives in the meeting for Lion's club, Rotary club and RRC programme.
- Panjayet president training at block level 2 meeting contact DAPCU at the time PCO participant and explained for Vihaan project and CSC actives in Panjayet president asked to premises Green house schemes and Widow pension schemes first priory for PLHA'S in the Tiruvannamalai district

## **SOCIAL WELFARE SCHEMES**



### **TAHDCO Loan**

- ★ Belongs to Tiruvannamalai District HIV Positive Society, we recommended 17 member and The District Collector to give (TAHDCO Loan) small Scale Industry (Petty Shop Milch Animal and Cutpiece Center)and benefactors

### **We do Awareness Program to General Public**

- ★ We do awareness for General Public through Deepam Festival Awareness programme, World AIDS Day celebration, RRC programme and world TB Day celebration
- ★ We attend the NGO Co-Ordination Meeting and District Advisory Committee Meeting We create rapport with Government and Non Government Organization

### **Any activities related Sustainability? Future plan for sustainability?**

- ❖ We will apply FCRA
- ❖ Try to get vocational training for PLHA's
- ❖ Strengthening the Children welfare fund's through women's forum
- ❖ We will arrange for network own building
- ❖ We will arrange for Children higher education through trust
- ❖ We motivate the people to take ART without Defaulter.
- ❖ To sustainability through Support Net for own business

### **Challenges faced? Way to overcome the challenges? Expectation to overcome the Challenges?**

- ARTC share the LFU and Missed client name list repetition (Migrant and incorrect address name)
- Client outreach purpose go to long distance (Cheyyar, Jawhed hills and vandhavasi) totally traveled up and down 180 Kms

### **Whether quality of PLHA Life improved or not?**

- ❖ Stop poverty and Youth with a mission issued 120 Members received nutrition food (manna health powder). Nutrition food issued every month in August 2012 to as on date.
- ❖ TDHPS+ and Youth with a mission issued 50 member HIV infected Children's received for Rice each children 6 kgs.

- ❖ Belongs to Tiruvannamalai District HIV Positive Society, we recommended 17 member and The District Collector to give (TAHDCO Loan) small Scale Industry (Petty Shop, Milch Animal and Cutpiece loan)

### **Conclusion**

Through the Vihaan – Care and support center Project we are sustainable Documentation, Referral Linkages, Capacity Building, CMIS, Support net group formed and programme We are also able to identify more and more people living with HIV/AIDS day by day and able to provide the core components that is Networking, Advocacy and service delivery.