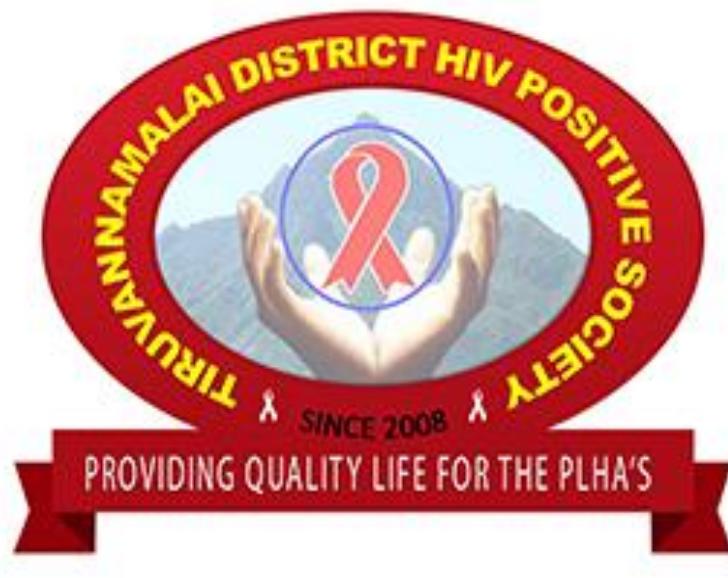


# Tiruvannamalai District HIV Positive society

Tiruvannamalai



Annual Report  
2017-2018

Tiruvannamalai District HIV Positive Society  
No.6/29A pudhu street, 11<sup>th</sup> street  
Polur Road  
Tiruvannamalai -606 601



TJHPS



## ORGANIZATIONAL PROFILE

Name of Organization: Tiruvannamalai District HIV Positive Society  
Office Address 6/29A Pudhu street, 11th street, Polur Road  
Tiruvannamalai – 606 601  
Phone : 04175 – 222337  
E-mail [tdhpsplus@gmail.com](mailto:tdhpsplus@gmail.com)  
Website : [www.tdhplus.in](http://www.tdhplus.in)

### **Board Members of TDHPS+, Tiruvannamalai :**

SN.	Name and Contact details	Designation
1	Mr. Alexander A	President
2	Mrs. Chandra S	Vice President
3	Mr. Lakshmi J	Secretary
4	Mrs. Gandhi A	Treasurer
5	Mrs. Vitobai E	Executive Member
6	Mrs. Lalitha M	Executive Member
7	Mr. Velu R	Executive Member

### **Society Registration Details.**

**Date of Registration** : Jan 2008  
**Registration Number** : 2/2008  
**Registered at** : Tiruvannamalai

Legal status	:	Society
Contact Person	:	Mr. Alexander A, President – TDHPS+
12AA Certificate No	:	Sl.No 427/2012-2013
80G Certificate No	:	DIT(E) No.2(485)12-12
FCRA No	:	076080159

### **BACKGROUND of the DLN**

Tiruvannamalai District HIV Positive Society is an organisation exclusive for People Living with HIV/AIDS started from Jan 2008. It aims in providing quality life for the people in Tiruvannamalai District focussing on various aspects like Physical, Mental, Social, Economy, Ecology and Empowerment of women.

### **The objectives of the organisation are as follows:**

- ◆ Identify the PLWHA's.
- ◆ It aims in providing quality life for the PLWHA's.
- ◆ Provide accurate and proper information on STD/HIV/AIDS.
- ◆ Reduce the Stigma and discrimination.
- ◆ Advocate among the key players in preventing the Infection.
- ◆ To give Legal support for property and family problem
- ◆ Support Net Group formed

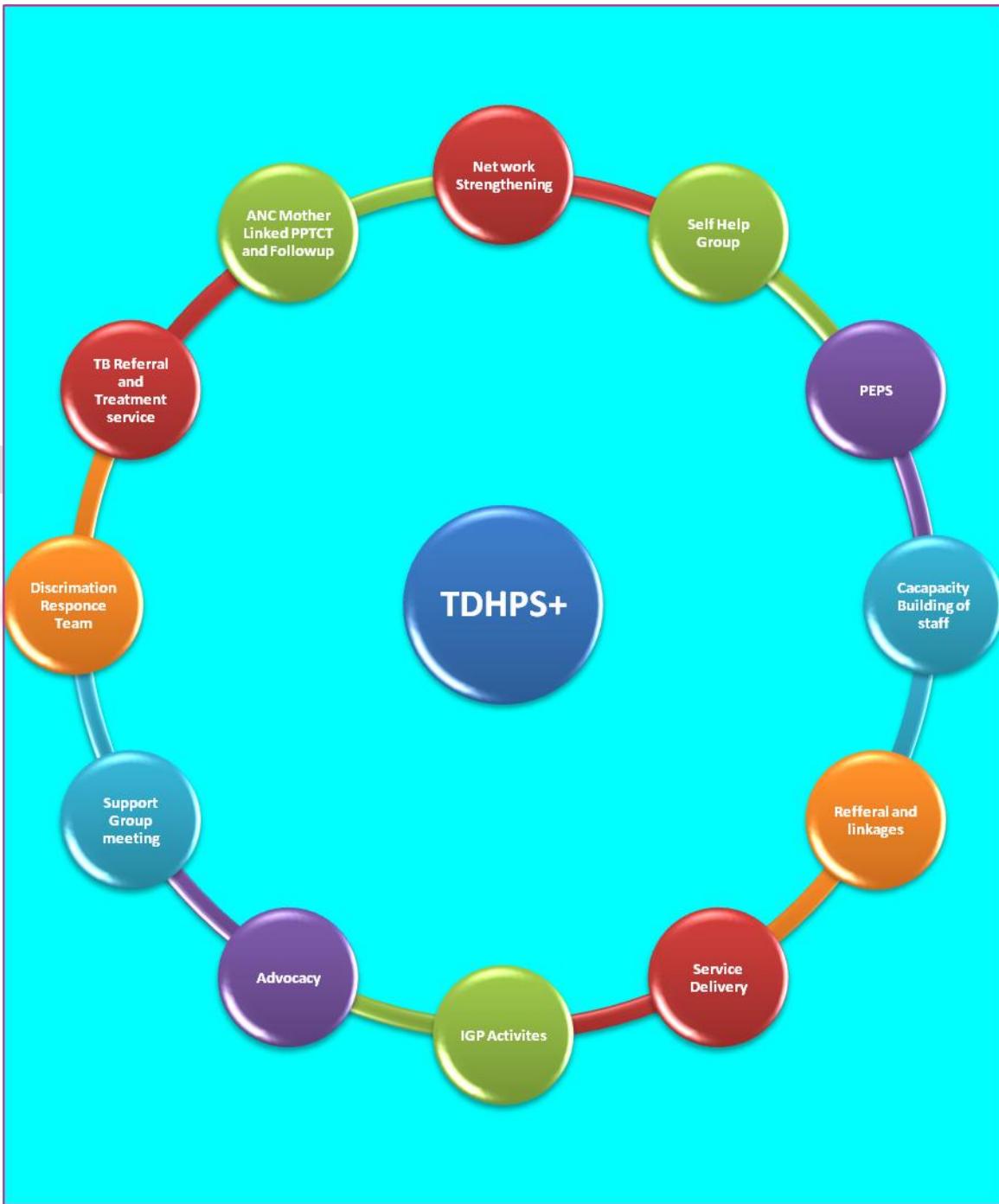
### **Vision:-**

- ★ To give Self Confidence
- ★ Improving the Quality of life
- ★ Advocacy for PLHA's Problems

### **Mission:**

- ♣ Sustainability for all PLHA's
- ♣ Home for PLHA's
- ♣ Own land and Building for Network
- ♣ Prevention for HIV
- ♣ Any one factory run by PLHA's
- ♣ Increase the Positive Speaker Skill Development
- ♣ Try to get Government Scheme for PLHA's
- ♣ To give Vocational Training for PLHA's

## CORE COMPONENT OF DLN



### Empowerment, Care & Support:-

- ★ We identifying the PLHA's around all Tiruvannamalai District.
- ★ **Counseling**
  - ❖ We do counseling for their family problem and their needs
  - ❖ We do family counseling, group counseling, ect.

- ❖ Psycho Social Counseling
- ❖ Maternal Health & Early Infant Diagnosis Counseling
- ❖ Health & Hygiene Counseling
- ❖ Sexual & Reproductive Health Counseling
- ❖ Adolescent Counseling
- ❖ Counseling For Discordant Couple
- ❖ Safe Sex Education
- ❖ Family Planning
- ❖ Counseling on Disclosure
- ❖ Peer counseling
- ❖ Nutrition counseling
- ❖ ART adherence counseling
- ❖ OI counseling
- ❖ Positive prevention counseling
- ❖ Marriage counseling between PLHIVs
- ❖ Life Skill Education

**★ PEPS counseling and referrals for their needs.**

- ◆ We do PEPS counseling for their needs and they are become self confidence.
- ◆ Psycho Social Counseling
- ◆ We do referral for children home for their studies for both infected and affected.
- ◆ We referrer to PLHA's for Nutrition support

**★ Motivate the People to take ART**

- ◆ People are not on ART we refer to test and CD4 and motivate to take ART most of people health is well for ART treatment.

**★ Home visit for PLHA's**

- ◆ We do home visit for PLHA's home for their permission and give treatment adherence for them

**★ HIV & TB Co-Infection**

- ◆ We motivate the people to attend the training for HIV & TB Co-infection. They learned more

## **Network Strength:-**

**Ten Support Net Groups were formed in Tiruvannamalai district is as follows**

S.no	SNG Name	Name of Block	Code Number	Date of Formation	Bank Account
1	Velicham SNG	Chengam	330601	02.09.2010	Indian Bank
2	Vedivallai SNG	Tiruvannamalai	330602	06.09.2010	Corporation Bank
3	Vediyal SNG	Polur	330603	26.10.2010	Indian Oversiers Bank
4	Udiyam SNG	Thurijapuram	330604	19.11.2010	Corporation Bank
5	Annai Therasa SNG	Pudhupalayam	330605	22.02.2011	Union Bank
6	Pattu SHG	Arni	330606	10.07.2011	Candra bank
7	Sutaroli	Thandrampet	330607	12.09.2012	Indian Bank
8	Deepaoli	Tiruvannamalai	330608	08.03.2013	Corporation Bank
9	Olivelakku	Vettavalam	330609		Processing
10	Padikarukkal	Tiruvannamalai	330610		Processing

## **Projects at DLN a Glance:**

Sl:No	Project	Objective	Project Period	Supported by
1	<b>Vihaan Project</b>	<b>Improve the survival and quality of life of PLHIV”</b>	<b>April 2013 to December 2017 &amp; Jan 2018 to March 2021</b>	<b>Alliance India</b>

## **Background of Vihaan project**

India revamped care and support strategies in 2013 under NACP IV. Govt. has taken all treatment including OIs and care and support services is taken care by civil society organizations. India HIV/AIDS Alliance became Principle Recipient (PR) for care and support programme. Vihaan (Sanskrit word which means dawn's first light) care and support programme is implemented across India from 2013 onwards. The main goal of the programme is improving quality of life and survival of PLHIV. The programme being implemented with 21 Sub Recipient (SR) partners and 350 CSCs.

The operational guidelines was developed keeping care and support needs in focus and the guidelines developed in consultation with PLHIV community organization, subject experts from various streams and departments. NACO published this guidelines in December 2013. The programme has evolved over the years and certain changes had taken place in its approach and strategies when the programme based on policy changes and changing needs at field level. Moving forward to next phase (2018-2021) furthermore changes expected in view of the roll out of National policy of Test and Treat and also in the pipeline of implementing 'differentiated care model' towards accomplishment of 90:90:90 strategy and changing in funding pattern .Considering the changes in the strategy, approach and service delivery modes, certain changes proposed to care and support in care and support guidelines. Once these changes are accepted, same will be incorporated in guideline document.

## **Vihaan objectives**

Specific objectives of the programme include:

- **Early linkages of PLHIV to Care, Support and Treatment services:** The CSC will support PLHIV who have newly tested positive to enrol into the ART programme.
- **Improved treatment adherence and education for PLHIV:** Adherence education and support can help the PLHIV sustain and manage their treatment regimes. It is essential that all three elements of successful treatment are supported: the client, the provider, and the process.
- **Expanded positive prevention activities:** Improved positive prevention will contribute to the national efforts to prevent HIV transmission and reduce overall burden of disease.
- **Improved social protection and wellbeing of PLHIV:** Social and economic well-being is an important component of care and support. The CSC will facilitate access to the existing social welfare and protection schemes under different line departments, Corporate Sector, Public Sector Undertakings, Faith Based Organisations and civil society organization.
- **Strengthened community systems and reduced stigma and discrimination:** To ensure a robust system that supports the program goal and ensures stigma and discrimination free access to quality services, it is important that skills of the community members to advocate are strengthened. Establishing community systems like community advisory board (CAB) and discrimination response team (DRT) will bring in sustainable response.

## **Care and Support Centre (CSC)**

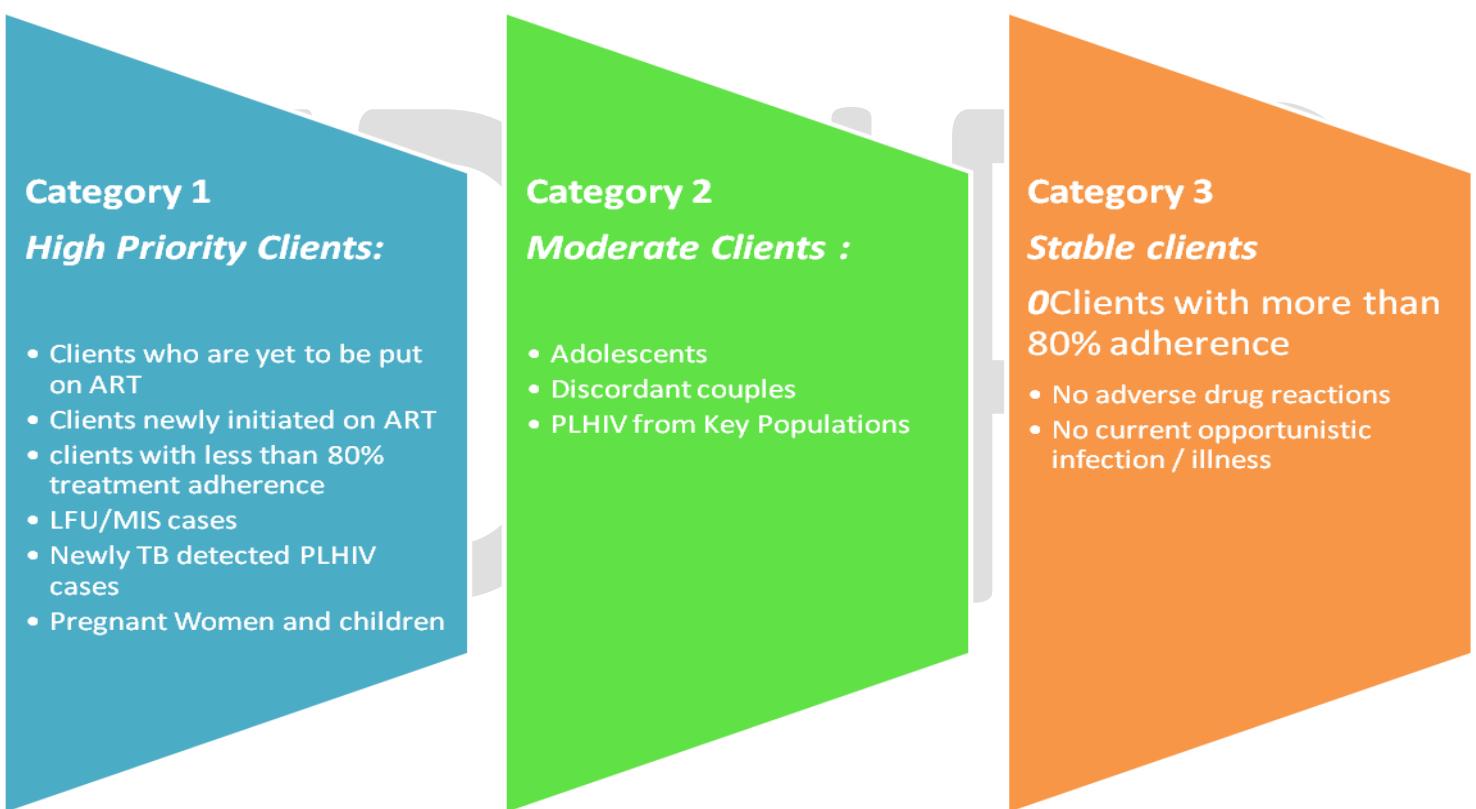
### **Changes in the Strategy:**

#### **Provision of Differentiated Care:**

**Differentiated care** is a client-centred approach that simplifies and adapts **HIV** services across the cascade to reflect the preferences and expectations of various groups of people living with **HIV** (PLHIV) while reducing unnecessary burdens on the health system. By providing differentiated care, also called differentiated service delivery, the health system can reallocate resources to those most in need.

Differentiated care aims to enhance the quality of the client experience. It puts the client at the centre of service delivery. It also ensures the health system functions in both a medically accountable and efficient manner. The central driver to adapting service provision is the client's needs. In line with WHO guidelines, clients are categorized into 3 major categories based on their clinical characteristics, vulnerabilities, gender, age and socio-economic conditions which are explained below:

#### **Service package:**

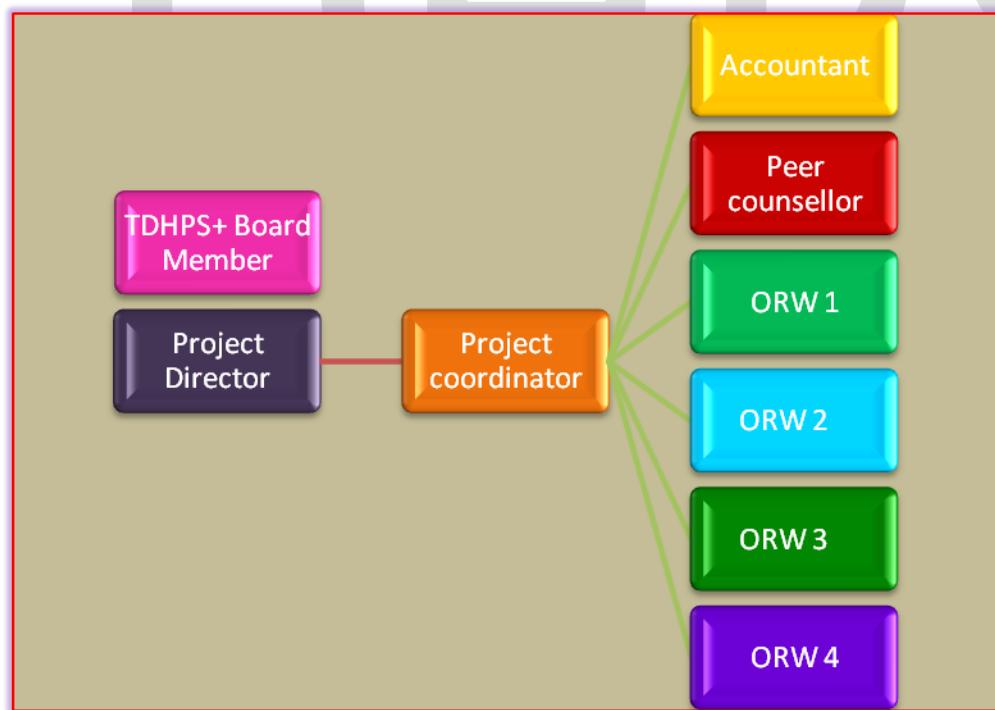


Similar to treatment, care and support requirement of PLHIV is varying and all the clients do not require similar attention. Care and support services should complement the treatment and retention in care.

## **NETWORKING AND LINKAGES**



### SSR Tiruvannamalai CSC Team Organogram



### Current HIV statistics at Tiruvannamalai

- ❖ The Tiruvannamalai District consists of 24,68,965 in population
- ❖ 7,000 is the estimated PLHIV in the district of Tiruvannamalai
- ❖ 5,203 PLHIV have been registered in Tiruvannamalai ART center.
- ❖ 4,281 PLHIV are Adhering to ART.

**Children enrolled in Tiruvannamalai CSC Total 184 Children**

- ❖ On ART PLHIV children Enrollment our CSC Male 61, Female 45
- ❖ Pre ART PLHIV children Enrollment our CSC Male 37, Female 49
- ❖ HIV affected and Infected children in their family Male 415, female 426

**Activities I – a – Number of new PLHA enrolled**

- ❖ To speak out openly we are the HIV positive we are living healthy so you don't worry about HIV We will be with you.
- ❖ To identified the client through field visit

Enrollment up to March 2017 A1	Enrollment in ART Centre (Alive on Client) A2	Percentage achieved =A1/A2
5203	3903	75%

**Enrollment 01.06.2013 To 31.03.2018 Total CSC Enrollment**

Gender	REGISTRATION											
	2013 - 2014		2014 - 2015		2015 – 2016		2016 – 2017		2017 – 2018		Total	
	Pre	On	Pre	On	Pre	On	Pre	On	Pre	On	Pre	On
	ART	ART	ART	ART	ART	ART	ART	ART	ART	ART	ART	ART
Male	125	376	182	387	162	177	110	200	71	116	650	1256
Female	174	435	185	331	105	136	80	201	45	107	589	1210
TG	1	1	3	1	0	0	0	0	0	0	4	2
Male Children	15	23	13	22	3	6	2	7	4	3	37	61
Female Children	24	19	23	8	0	8	2	9	0	1	49	45
Total	339	854	406	749	270	327	194	417	120	227	1329	2574

## I D- Source of inward referral ( 01.04.2017 To 31.03.2018)

Inward Referral 01.04.2017 – 31.03.2018						
Referred from	Male	Female	TG	Male Children	Female Children	Total
ART Center	57	54	0	2	0	113
Walk in Self	130	98	0	5	1	234
Total	187	152	0	7	1	347

## I- E – services provided through -Outward referral (01.04.2017 to 31.03.2018)

Outward Referral (01.04.2017 – 31.03.2018)							
Gender	ART Center	ICTC Center	DOTS Center	STI Clinic	Cervical Cancer Testing	Welfare Schemes	Total
Male	154	30	103	10	0	21	318
Female	111	15	71	33	7	40	277
Male Children	13	0	4	0	0	5	22
Female Children	5	1	0	0	0	15	21
Total	283	46	178	43	7	81	638

## Clients attended Support group meeting in each Thematic areas

During this year we conducted 42 meeting for these support group Meeting

## Support Group Meeting 2017 – 2018

	Basic health and Hygiene	Diet and nutrition	OI management and co-infection	Treatment education /adherence	Social entitlements and livelihood	Total
Total Number of Meeting contact	6	5	16	10	5	42
Male	32	24	84	58	31	229
Female	43	35	117	77	37	309
Male Children	2	5	3	0	0	10
Female Children	4	6	7	3	0	20

### Outcome of Support group meeting

- ◆ 10 Member linked TAHDCO Loan schemes
- ◆ 07 Children linked OVC Fund
- ◆ 01 Members linked Widow pension
- ◆ 50 Children's linked Nutrition schemes. 77 Children's linked Education support
- ◆ 02 Member linked Pasumai veedu thittam
- ◆ Client are Visit the TDHPS+ office regularly
- ◆ They are shared all problem's for PLHA's
- ◆ Knowledge update for .ART Adherence treatment and OI management
- ◆ Defaults clients were identified and now they are going for regular treatment.
- ◆ O I Clients were referred for the treatment by ORW/Peer counselor.
- ◆ Support group meeting attend participant said that " They support group meeting we forget about our disease and we actively participating in the group meeting with joy, now a days we are going to regular treatment from ART also

◆ **SUPPORT GROUP MEETING**

**SUPPORT GROUP MEETING**

**Advocacy Meeting**

During this year Four Advocacy meetings were conducted. Four meetings were conducted ICDS staff (Anganwadi wadi worker), One Advocacy meeting were conducted collector office

- ◆ Helping mind and good cooperation were raised among Panjayet president, Block development officer and Local business people
- ◆ Pasumai veedu thittam 12 members revived. AAY schemes 35Kgs rice received 241 Members and 13 person received old age pension schemes also person referring from

TDHPS+

- ◆ 7 Person received Tailoring machine.
- ◆ stigma and decimation reduce and media people supported for CSC programme
- ◆ ICDS staff are accepted to need based help for HIV infected childrens

**ADVACACY MEETING PHOTOS**

**Coordination Meeting**

1. ART – CSC Coordination Meeting Every month at Tiruvannamalai ART center
2. DPACU Review meeting every month
3. HIV – TB coordination meeting every month at Tiruvannamalai TB center
4. NGO coordination meeting at Tiruvannamalai LWS Programme

**ART – CSC CORDINATION MEETING**

**DAPCU REVIEW MEETING**

**Discrimination Response System (DRT): meeting**

DRT team formed as on dated 05.11.2013

DRT team member's list as follows

Lion's Culp Vice Governor, Human Right commission Secretary DDHS, JDHS, DAPCU DPM, Ward Counsellor, local media reporter, HIV/AIDS field NGO's, Market association president, Rangammal Hospital GM, Legal AID Clinic Advocate, TB Hospital DTO, District Police Official (DSP), RDO, DIET principal, DEE, and ART medical offier.

- \* Vettavalm police station take necessary action and problem will be solved (She is will be started the building in the land)
- \* Two children were admitted in TDH children home.

## **World AIDS Day**

Programme date	:	16.12.2017
Venue	:	Poomalai Vaniga Valagam
Chief guest	:	Mrs. R. Kavitha DPM (DAPCU) Mr. G.Senthilkumar M & E Officer TNP+ (SR)
Programme	:	World AIDS Day, TDHPS+ 10 <sup>th</sup> Anniversary, Children's day 2017 and X- Mass Celebration
Participant	:	50 CLHA's and 100 member's PLHA
Distribution	:	X-Mass festival Nutrition bed sheet distributed 100 Children's

### **World AIDS Day 2017 Photos**

### **CHILDREN'S DAY PROGRAMME (Drawing competition ) AS ON 16.12.2017**

### **Nutrition Support Programme as on 16.12.2017**

### **X-Mass Celebration as on 16.12.2017**

## **World TB Day 2018**

Programme date	:	27.03.2018
Venue	:	TDHPS+ Office - Tiruvannamalai
Chief guest	:	Mr. H. Sam Bright Advocate
Programme	:	World TB Day 2018 .
Participant	:	50 member's PLHA

## Proposed Strategy for Popularizing CSC in the District

- DAPCU Monthly review meeting time they are explain Vihaan project and CSC actives all ICTC counselor, TB Hospital STO, STLS, DPPM and Lab Tech.,
- Vihaan project and CSC actives explained the Link Workers scheme Project NGO and PPTCT programme NGO review meeting.
- Deepam festival time two days awareness both contacted that time IEC banner for Vihaan project and CSC actives displayed. General public see 1000 more than and 100 people were see awareness both explained the Vihaan project and CSC actives.
- DRT team member explained the Vihaan project and CSC actives in the meeting for Lion's club, Rotary club and RRC programme.
- Anganwadi Worker training at block level 3 meeting contact Tiruvannamalai CSC. at the time PCO participant and explained for Vihaan project and CSC actives in Angawadi worker asked to For the need of CIA and they accepted to provide it on need based. first priory for PLHA'S in the Tiruvannamalai district

## SOCIAL WELFARE SCHEMES

SOCIAL WELFARE SCHEMES AS ON 31.03.2018				
S.No.	Name of the Schemes	01.04.2008 – 31.03.2017 Beneficiary	01.04.2017 – 31.03.2018 Beneficiary	Total Number of Beneficiary
<b>SOCIAL WELFARE SCHEMES</b>				
1	TAHDCO Loan	147	10	157
2	Antyodaya Anna Yojana (AAY)	241	0	241
3	Old age pension	19	0	19
4	Widow Pension	17	1	18
5	Pudhu Vazhu Thittam	131	0	131
6	Pension (Uzhar padhukapu Thittam)	141	0	141

7	Children's Education Support	300	77	377
8	OVC Fund	102	7	109
9	Children's Linkage to Hostel	43	2	45
10	Nutrition Support	761	50	811
11	Job in Placement	33	0	33
12	Tailoring machine	13	0	13
13	Pusumai Veedu	10	2	12
14	Self Help Group Loan	110	0	110
15	Bus Pass	50	0	50
16	Railways Pass	1	0	1
17	Star Health Insurance (Children's)	25	0	25
18	Funeral service	12	5	17
TOTAL		2156	154	2310
<b>SOCIAL ENTITLEMENT</b>				
1	Income Certificate	20	15	35
2	Caste Certificate	11	12	23
3	Nativity Certificate	20	14	34
4	Ration Card	1	0	1
5	Disability Certificate	2	0	2
6	Bank Account	10	0	10
7	Post Office Account	5	0	5
TOTAL		69	41	110

### **International candle light day as on 18.05.2017**

International candle light day celebration as on 18.05.2017 at Tiruvannamalai District collector office campus programme organized by DAPCU and joined with Tiruvannamalai CSC.

### **KODAI VIZHHA (JAWADHU HILLS) 16.06.2017 & 17.06.2017**

Popularizing for Vihaan project in Tribal people and 183 Member visit in both, 25 Member's counselled, 12member HIV test referred

**DR. APJ.ABDUL KALAM SECOND MEMORIAL DAY AS ON 29.07.2017 AT THE TIME  
EDUCATION SUPPORT**

TDHPS+ observation for Dr. APJ. Abdul Kalam First Memorial day as on 29.07.2017 at the Time 50 Children's distributed Education support material (Small and Long size note, Writing pad, Scale, Geometry box Sketch Pen box)

**ACTIVE CASE FINDING CAMPAIGN On 29.07.2017 at Tiruvannamalai CSC Office**

TDHPS+ Organized Active case finding Campaign on 29.07.2017. 100 Numbers PLHA's attend the campaign. Through TB Symptomatic 10 Client referred to TB Testing.

**DEEPMAM FESTIVAL AWARENESS BOTH 01.12.2017 TO 02.12.2017**

Popularizing for Vihaan project in Tiruvannamalai District famous festival Deepam awareness both and 212 Member visit in both, 56 Member's counselled, 10 member HIV test referred

**PLHA'S Positive Living and Positive Prevention Programme 21.09.2017 & 22.09.2017**

TDHPS+ contact PLHA's Positive Living and Positive Prevention training Programme as on 21.09.2017 and 22.09.2017 2 batches each batches attend 50 Member PLHA's. Training programme educated to PLHA's for Positive Living, Condom promotion, ART side effects, OI management, Nutrition counseling, ART adherence and experience sharing for PLHA's

**RED RIBBON CLUB PROGRAMME AS ON 22.03.2018**

Red Ribbon Club (RRRC) programme in Wisdom Women's Arts & Science College, Annakavur, Cheyyar block as on 22.03.2018.

### **TAHDCO Loan**

- ★ Belongs to Tiruvannamalai District HIV Positive Society, we recommended 9 member and The District Collector to give (TAHDCO Loan) small Scale Industry (Petty Shop and Cutpiece Center)and benefactors

### **We do Awareness Program to General Public**

- ★ We do awareness for General Public through Deepam Festival Awareness programme, World AIDS Day celebration, RRC programme and world TB Day celebration
- ★ We attend the NGO Co-Ordination Meeting and District Advisory Committee Meeting

We create rapport with Government and Non Government Organization

### **Any activities related Sustainability? Future plan for sustainability?**

- ❖ Try to get vocational training for PLHA's
- ❖ Strengthening the Children welfare fund's through women's forum
- ❖ We will arrange for network own building
- ❖ We will arrange for Children higher education through Society
- ❖ We motivate the people to take ART without Defaulter.
- ❖ To sustainability through Support Net groups for own business

### **Challenges faced? Way to overcome the challenges? Expectation to overcome the Challenges?**

- ARTC share the LFU and Missed client name list repetition (Migrant and incorrect address name)
- Client outreach purpose go to long distance (Cheyyar, Jawhed hills and vandhavasi) totally traveled up and down 180 Kms

### **Whether quality of PLHA Life improved or not?**

- ❖ New Vision Foundation - Chennai issued 50 Members received nutrition food (Quality Rice).
- ❖ New Vision Foundation – Chennai issued 50 Children's received Education support
- ❖ Rotary Club's and TDHPS+ issued 50 member HIV infected Children's and PLHA's received for Rice, bedsit and Nutrition at time of world AIDS Day 2017 programme.

- ❖ Belongs to Tiruvannamalai District HIV Positive Society, we recommended 10 member and The District Collector to give (TAHDCO Loan) small Scale Industry (Petty Shop, and Cutpiece loan) and Sewing machine

### **Conclusion**

Through the Vihaan – Care and support center Project we are sustainable Documentation, Referral Linkages, Capacity Building, CMIS, Support net group formed and programme We are also able to identify more and more people living with HIV/AIDS day by day and able to provide the core components that is Networking, Advocacy and service delivery.

**TDHPS**